



Alexander Senior Center

730 7th Street SW
 Taylorsville, NC 28681
 828-632-1717 FAX 828-632-1102

January 2012



Hours
 Mon. - Thurs. 8:00 - 5:00
 Fri. 8:00 - 2:00

Monday	Tuesday	Wednesday	Thursday	Friday
<p>closed 2</p> <p>New Years Holiday</p>	<p>8:15 - "Sweatin To The Oldies" 9:00 - Exercise Class 3 11:00 - Rook NO - Scrapbooking 11:00 - AARP Meeting 1:30 - Games & Wii</p>	<p>9:00 - Best Value Hearing 4 9:00 - Exercise Class 10:30 - Movie Matinee  1:30 - Quilting 3:45 - Yoga / Stretching</p>	<p>8:15 - "Sweatin To The Oldies" 9:00 - Exercise Class 5 10:00 - Decorative Painting 10:30 - Golf at Brushy Mtn. 1:00 - Bridge  1:30 - Games & Wii</p>	<p>9:00 - Exercise Class 6 10:00 - Yoga / Stretching 11:00 - Bible Study</p>
<p>9:00 - Exercise Class 9 10:00 - Musicians "Jam" 10:00 - Crocheting 12:30 - Woodcarving 1:00 - Basic Computer (E.T.B.) 1:00 - Knitting 3:45 - Yoga / Stretching</p>	<p>8:15 - "Sweatin To The Oldies" 9:00 - Exercise Class 10 10:00 - Scrapbooking w/ Pat 11:00 - Rook  1:30 - Games & Wii 7:00 - <i>Singing Seniors</i></p>	<p>9:00 - Exercise Class 11 10:00 ▶▶ Bingo Brunch 1:00 - Coupon Club 1:30 - Quilting 3:45 - Yoga / Stretching</p>	<p>8:15 - "Sweatin To The Oldies" 9:00 - Exercise Class 12 10:00 - Decorative Painting 10:30 - Golf at Brushy Mtn. 1:00 - Bridge 1:30 - Games & Wii</p>	<p>9:00 - Exercise Class 13 10:00 - Yoga / Stretching 11:00 - Bible Study</p>
<p>closed 16</p> <p>Martin Luther King Day</p>	<p>8:15 - "Sweatin To The Oldies" 17 9:00 - Caregiver Support Group 10:00 - Scrapbooking 11:00 - Rook 11:30 - "Ask The Doctor" 1:00 - Card Making - Advanced 1:30 - Games & Wii 3:00 - The Depot @ Cody Creek</p>	<p>9:00 - Best Value Hearing 18 9:00 - Exercise Class 10:00 - Card Making - Beginner 12:00 ▶▶ Birthday Luncheon 1:30 - Quilting 3:45 - Yoga / Stretching</p>	<p>8:15 - "Sweatin To The Oldies" 9:00 - Exercise Class 19 10:00 - Decorative Painting 10:30 - Golf at Brushy Mtn. NO - Retired School Personnel 1:00 - Bridge 1:30 - Games & Wii</p>	<p>9:00 - Exercise Class 20 10:00 - Yoga / Stretching 11:00 - Bible Study</p>
<p>9:00 - Exercise Class 23 10:00 - Musicians "Jam" 10:00 - Crocheting 12:30 - Woodcarving 1:00 - Basic Computer (E.T.B.) 1:00 - Knitting 3:45 - Yoga / Stretching</p>	<p>8:15 - "Sweatin To The Oldies" 9:00 - Exercise Class 24 10:00 - Scrapbooking 11:00 - Rook 1:30 - Games & Wii 7:00 - <i>Singing Seniors</i></p>	<p>9:00 - Best Value Hearing 25 9:00 - Exercise Class 1:00 - Coupon Club 1:30 - Quilting 3:45 - Yoga / Stretching</p>	<p>8:15 - "Sweatin To The Oldies" 10:00 - Decorative Painting 26 10:30 - Golf at Brushy Mtn. 1:00 - Bridge 1:30 - Games & Wii 6:00 ▶▶ Party </p>	<p>9:00 - Exercise Class 27 10:00 - Yoga / Stretching 11:00 - Bible Study</p>
<p>9:00 - Exercise Class 30 10:00 - Musicians "Jam" 10:00 - Crocheting 12:30 - Woodcarving 1:00 - Basic Computer (E.T.B.) 1:00 - Knitting 3:45 - Yoga / Stretching</p>	<p>8:15 - "Sweatin To The Oldies" 9:00 - Exercise Class 31 10:00 - Scrapbooking 11:00 - Rook 1:30 - Games & Wii</p>			

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February 2012



Hours
 Mon. - Thurs. 8:00 - 5:00
 Fri. 8:00 - 2:00

Monday	Tuesday	Wednesday	Thursday	Friday
		9:00 - Best Value Hearing 1 9:00 - Exercise Class 10:30 - Movie Matinee 1:30 - Quilting 3:45 - Yoga / Stretching	8:15 - "Sweatin To The Oldies" 9:00 - Exercise Class 2 10:00 - Decorative Painting 10:30 - Golf at Brushy Mtn. 1:00 - Bridge 1:30 - Games & Wii	9:00 - Exercise Class 3 10:00 - Yoga / Stretching 11:00 - Bible Study
9:00 - Exercise Class 6 10:00 - Musicians "Jam" 10:00 - Crocheting 12:30 - Woodcarving 1:00 - Basic Computer (E.T.B.) 1:00 - Knitting 3:45 - Yoga / Stretching	8:15 - "Sweatin To The Oldies" 9:00 - Exercise Class 7 11:00 - Rook NO - Scrapbooking 11:00 - AARP Meeting  1:30 - Games & Wii	9:00 - Exercise Class 8 10:00 ▶ Bingo Brunch 1:00 - Coupon Club 1:30 - Quilting 3:45 - Yoga / Stretching	8:15 - "Sweatin To The Oldies" 9:00 - Exercise Class 9 10:00 - Decorative Painting 10:30 - Golf at Brushy Mtn. 1:00 - Bridge 1:30 - Games & Wii	9:00 - Exercise Class 10 10:00 - Yoga / Stretching 11:00 - Bible Study
9:00 - Exercise Class 10:00 - Musicians "Jam" 13 10:00 - Crocheting 12:30 - Woodcarving 1:00 - Basic Computer (E.T.B.) 1:00 - Knitting 3:45 - Yoga / Stretching	Valentine's Day 8:15 - "Sweatin To The Oldies" 9:00 - Exercise Class 14 10:00 - Scrapbooking w/ Pat 11:00 - Rook 1:30 - Games & Wii 7:00 - <i>Singing Seniors</i>	9:00 - Best Value Hearing 15 9:00 - Exercise Class 12:00 ▶ Birthday Luncheon 1:30 - Quilting 3:45 - Yoga / Stretching	8:15 - "Sweatin To The Oldies" 9:00 - Exercise Class 10:00 - Decorative Painting 16 11:00 - Retired School Personnel 1:00 - Bridge 1:30 - Games & Wii 6:30 - Character Karaoke	9:00 - Exercise Class 10:00 - Yoga / Stretching 17 11:00 - Bible Study
9:00 - Exercise Class 10:00 - Musicians "Jam" 20 10:00 - Crocheting 12:30 - Woodcarving 1:00 - Basic Computer (E.T.B.) 1:00 - Knitting 3:45 - Yoga / Stretching	8:15 - "Sweatin To The Oldies" 9:00 - Caregiver Support Group 10:00 - Scrapbooking 21 11:00 - Rook 11:30 - "Ask The Doctor" 1:00 - Card Making - Advanced 1:30 - Games & Wii	9:00 - Best Value Hearing 22 9:00 - Exercise Class 10:00 - Card Making - Beginner 1:30 - Quilting 1:00 - Coupon Club 3:45 - Yoga / Stretching	8:15 - "Sweatin To The Oldies" 9:00 - Exercise Class 10:00 - Decorative Painting 23 10:30 - Golf at Brushy Mtn. 1:00 - Bridge 1:30 - Games & Wii 6:00 ▶▶ Party	9:00 - Exercise Class 10:00 - Yoga / Stretching 24 11:00 - Bible Study
9:00 - Exercise Class 10:00 - Musicians "Jam" 27 10:00 - Crocheting 12:30 - Woodcarving 1:00 - Basic Computer (E.T.B.) 1:00 - Knitting 3:45 - Yoga / Stretching	8:15 - "Sweatin To The Oldies" 9:00 - Exercise Class 28 10:00 - Scrapbooking 11:00 - Rook 1:30 - Games & Wii 7:00 - <i>Singing Seniors</i>	7:30 - Southern Spring Show in Charlotte Trip 29 9:00 - Exercise Class 1:30 - Quilting 3:45 - Yoga / Stretching		