


Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>730 7th Street SW Taylorsville, NC 28681 Phone—828-632-1717</b></p>	<p><u>Hours</u> Mon. - Thurs. 8:00 - 5:00 Fri. 8:00 - 2:00</p>	<p><b>PICK UP YOUR MEDICARE BLUE SHEETS</b> Sept.8, Sept15, or Sept25</p>	<p><b>MEDICARE PART D OPEN ENROLLMENT OCT 15 thru DEC 7</b></p>	<p>9:00 - Exercise Class <b>1</b> 10:00 - Tai Chi 11:00 - Bible Study</p>
<p><b>Closed</b> <b>4</b></p> <p><b>Labor Day</b></p>	<p>8:15 - "Sweatin To The Oldies" 9:00 - Exercise Class NO - Scrapbooking w/ Judy <b>5</b> 11:00 - AARP 12:00 - Games 1:00 - Wii</p>	<p><b>9:00 - Best Value Hearing</b> <b>6</b> <b>1:00 - Ice Cream Social</b> 2:00 - Coloring 3:45 - Yoga / Stretching \$ </p>	<p>8:15 - "Sweatin To The Oldies" 9:00 - Exercise Class 10:00 - Decorative Painting \$ 12:30 - Line Dancing \$ 12:00 - Games <b>7</b> 2:30 - Wii</p>	<p>9:00 - Exercise Class <b>8</b> 10:00 - Tai Chi 11:00 - Bible Study <b>8:30-1:30 - Pickup your 2018 MEDICARE sheets</b></p>
<p>9:00 - Exercise Class <b>11</b> 10:00 - Musicians "Jam" 10:00 - Blood Pressure checks 10:00 - Crocheting 12:30 - Woodcarving 2:00 - Coloring 3:45 - Yoga / Stretching \$ ***** - <b>Catawba Queen \$</b> <b>Leaves from Bethlehem</b></p>	<p>8:15 - "Sweatin To The Oldies" 9:00 - Exercise Class 10:00 - Scrapbooking w/ Judy 12:00 - Games &amp; Wii 1:00 - Scrapbooking w/ Pat \$10 <b>12</b></p>	<p>8:30 - Red Hat Outing <b>13</b> <b>9:00 - Best Value Hearing</b> <b>10:00 Bingo Brunch</b> Must RSVP by noon 9/11. Free. 12:15 - Coupon Club 2:00 - Coloring 3:45 - Yoga / Stretching \$</p>	<p>8:15 - "Sweatin To The Oldies" 9:00 - Exercise Class 10:00 - Decorative Painting \$ 12:30 - Line Dancing \$ 12:00 - Games <b>14</b> 2:30 - Wii</p>	<p>9:00 - Exercise Class <b>15</b> 10:00 - Tai Chi 11:00 - Bible Study <b>8:30-1:30 - Pickup your 2018 MEDICARE sheets</b></p>
<p>9:00 - Exercise Class <b>18</b> 10:00 - Musicians "Jam" 10:00 - Crocheting 12:30 - Woodcarving 2:00 - Coloring 3:45 - Yoga / Stretching \$ <b>SP 12:30-3:00 Card games</b></p>	<p>8:15 - "Sweatin To The Oldies" 9:00 - Exercise Class 10:00 - Scrapbooking w/ Judy 12:00 - Games &amp; Wii 1:00 - Card Making—Adv \$7 <b>19</b></p>	<p><b>9:00 - Best Value Hearing</b> <b>20</b> <b>12:00 Birthday Luncheon</b> 2:00 - Coloring 3:45 - Yoga / Stretching \$</p>	<p>8:15 - "Sweatin To The Oldies" 9:00 - Exercise Class 10:00 - Decorative Painting \$ 12:30 - Line Dancing \$ 12:00 - Games <b>21</b> 2:30 - Wii</p>	<p>9:00 - Exercise Class <b>22</b> 10:00 - Tai Chi 11:00 - Bible Study</p>
<p>9:00 - Exercise Class <b>25</b> 10:00 - Musicians "Jam" 10:00 - Crocheting 12:30 - Woodcarving <b>1-4pm - Pickup your 2018 MEDICARE sheets</b> 3:45 - Yoga / Stretching \$</p>	<p>8:15 - "Sweatin To The Oldies" 9:00 - Exercise Class 10:00 - Scrapbooking w/ Judy 10:30 - Card Making \$7 Beginner 12:00 - Games &amp; Wii <b>26</b></p>	<p><b>9:00 - Best Value Hearing</b> <b>27</b> 12:15 - Coupon Club 2:00 - Coloring 3:45 - Yoga / Stretching \$</p>	<p>8:15 - "Sweatin To The Oldies" 9:00 - Exercise Class <b>28</b> 10:00 - Decorative Painting \$ 12:30 - Line Dancing \$ 12:00 - Games 2:30 - Wii</p>	<p>9:00 - Exercise Class <b>29</b> 10:00 - Tai Chi 11:00 - Bible Study</p>

**Taylorsville**

 **Cut this calendar out and keep it.**

**Need help paying your Medicare Part-D premiums? The "EXTRA HELP" program may be able to help you. Call 632-1717. Income limits apply.**

\$ = fee  
SP = Stony Point location

# Alexander Senior <sup>activity</sup> Center

# Oct 2017

Monday	Tuesday	Wednesday	Thursday	Friday
9:00 - Exercise Class 10:00 - Musicians "Jam" <b>2</b> 10:00 - Crocheting 12:30 - Woodcarving 2:00 - Coloring 3:45 - Yoga / Stretching \$ SP 12:30-3:00 Card games	8:15 - "Sweatin To The Oldies" 9:00 - Exercise Class <b>3</b> NO - Scrapbooking w/Judy 11:00 - AARP 12:00 - Games 1:00 - Wii ← Start Turning in Medicare	9:00 - Best Value Hearing 2:00 - Coloring <b>4</b> 3:45 - Yoga / Stretching \$	8:15 - "Sweatin To The Oldies" 9:00 - Exercise Class 10:00 - Decorative Painting \$ 12:30 - Line Dancing \$ <b>5</b> 12:00 - Games 2:30 - Wii	<b>HEALTH FAIR</b> <b>6</b> <b>9-11am at East Taylorsville Baptist Church</b>
9:00 - Exercise Class <b>9</b> 10:00 - Musicians "Jam" 10:00 - Crocheting 10:00 - Blood Pressure Checks 12:30 - Woodcarving 2:00 - Coloring 3:45 - Yoga / Stretching \$	8:15 - "Sweatin To The Oldies" 9:00 - Exercise Class 10:00 - Scrapbooking w/ Judy 1:00 - Scrapbooking w/ Pat \$10 12:00 - Games & Wii <b>10</b>	8:30 - Red Hat outing <b>11</b> 9:00 - Best Value Hearing <b>10:00 Bingo Brunch</b> RSVP for Bingo by noon 10/9 12:15 - Coupon Club 2:00 - Coloring 3:45 - Yoga / Stretching \$	8:15 - "Sweatin To The Oldies" 9:00 - Exercise Class 10:00 - Decorative Painting \$ 12:30 - Line Dancing \$ <b>12</b> 12:00 - Games 2:30 - Wii	9:00 - Exercise Class 10:00 - Tai Chi <b>13</b> 11:00 - Bible Study 
9:00 - Exercise Class <b>16</b> 10:00 - Musicians "Jam" 10:00 - Crocheting  12:30 - Woodcarving 2:00 - Coloring 3:45 - Yoga / Stretching \$ SP 12:30-3:00 Card games	8:15 - "Sweatin To The Oldies" 9:00 - Exercise Class 10:00 - Scrapbooking w/ Judy <b>1:00 - Card Making Adv \$7</b> 12:00 - Games & Wii <b>17</b>	9:00 - Best Value Hearing <b>18</b> <b>12:00 Birthday Luncheon</b> 2:00 - Coloring 3:45 - Yoga / Stretching \$	8:15 - "Sweatin To The Oldies" 9:00 - Exercise Class 10:00 - Decorative Painting \$ 12:30 - Line Dancing \$ <b>19</b> 12:00 - Games 2:30 - Wii	9:00 - Exercise Class <b>20</b> 10:00 - Tai Chi 11:00 - Bible Study
9:00 - Exercise Class <b>23</b> 10:00 - Musicians "Jam" 10:00 - Crocheting 12:30 - Woodcarving 2:00 - Coloring 3:45 - Yoga / Stretching \$	8:15 - "Sweatin To The Oldies" 9:00 - Exercise Class 10:00 - Scrapbooking w/ Judy <b>10:30 - Card Making \$7 beginner</b> 12:00 - Games & Wii <b>24</b>	9:00 - Best Value Hearing 12:15 - Coupon Club 2:00 - Coloring <b>25</b> 3:45 - Yoga / Stretching \$ Call about MEDICARE sheets, if you still need help w/ Part D.	8:15 - "Sweatin To The Oldies" 9:00 - Exercise Class <b>26</b> 10:00 - Decorative Painting \$ 12:30 - Line Dancing \$ 12:00 - Games 2:30 - Wii	9:00 - Exercise Class <b>27</b> 10:00 - Tai Chi 11:00 - Bible Study
9:00 - Exercise Class <b>30</b> 10:00 - Musicians "Jam" 10:00 - Crocheting 12:30 - Woodcarving 2:00 - Coloring 3:45 - Yoga / Stretching \$	8:15 - "Sweatin To The Oldies" 9:00 - Exercise Class 10:00 - Scrapbooking w/ Judy 12:00 - Games & Wii <b>31</b>	<b>Turn in YOUR MEDICARE BLUE SHEETS Oct 2nd FOR 2018</b>	<b>MEDIARE PART D OPEN ENROLLMENT OCT 15 thru DEC 7 NC SHIP Coordinating Site</b>	<b>730 7th Street SW Taylorsville, NC 28681 Phone—828-632-1717</b>

## Taylorsville



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(Seniors' Health Insurance Information Program)

\$ = fee  
 SP = Stony Point location