



# HEALTHY LIVING FOR a LIFETIME™

Hosted by Alexander County Health Department, Alexander County Partnership for Children and Alexander County Farm Bureau

**Healthy Living for a Lifetime™  
Brought to You by the  
North Carolina Farm Bureau**



Receive **FREE** Health Screenings and More!

**Healthy Living for a Lifetime™ in Alexander County  
Tuesday, April 23, 2013**

**Screenings From: 10 AM - 6 PM**

**Wal-Mart**

901 NC Highway 16  
Taylorsville, NC 28681



**Screenings Offered:** Cholesterol, Blood Glucose, Blood Pressure, Body Mass Index, Bone Density, and Vascular Ultrasound\*

Receive educational materials, promotional items, refreshments and more!  
For more information, call 919-706-4159 or contact the Alexander County Farm Bureau at 828-632-3135.

At least 8 hours fasting recommended, not required.

\* Eligibility determined by medical staff at screening event. Screenings recommended for adults age 18+

Thanks to our partners:

